



Athletic Track/Infield/Baseball Field

- Please take note of our permitted track times: Monday 7:30pm to 8:30pm and Wednesday 7:00pm to 8:30pm. Please take care that you are not on the track outside these times.
- Track gates should be kept closed at all times.
- Barriers should not be removed from lanes 1&2 without permission, as these lanes are closed for use. Where permission is granted, barriers must be replaced after use.
- The only Kilcoole AC representatives to use the storage container: Louis Meagher, John O' Toole, Peter Savage, Seamus Waters & Genevieve Williams.
- Keys have to be signed for at reception.
- Shoreline Sports Park, Charlesland only supplies hurdles, high jump mats and starting blocks.
- Equipment may only be taken from the containers with the express permission of the owners.
- All equipment must be returned to its original place and stored neatly.
- For safety reasons children are not allowed in the container under any circumstances.
- Please ensure that container doors are kept closed at all times and that they are locked and keys returned to reception after use.
- Only athletic & baseball equipment, is allowed inside the track area. No bikes, scooters, rollerblades, hurleys, footballs, rugby balls etc.
- The Long Jump cover should not be removed without the express permission of Shoreline staff. At least 3 people are required to remove/replace the cover, in order to prevent the poles from separating. The cover should be replaced after use.
- Stay away from the hammer/discus cage unless training for these events.

- Please keep away from the steeplechase water jump area and ensure children do not play here at any time.
- No food and drink, other than water, is allowed inside the track area.
- No pets allowed inside the track area at any time.
- Please refrain from climbing on/over the surrounding fences or steeplechase barriers.
- "TRACK!": If you hear this shouted at you, the chances are you are obstructing a lane or some part of the track. Conversations or recovery should be taken off the track. Generally the "rules of the road" do apply. So the best policy is to move after you have checked that it is safe to do so.
- Think of others who are competing or training - don't make a noise near the start or the areas where the field events are taking place. If you are being lapped, move out into the second or third lane to let the leaders through.
- Don't ever cross the finishing line unless you are participating in a race. It disrupts the timekeepers.
- Toilets are available at the reception area; please do not use the back of the containers for this purpose.
- Please put all rubbish in bins provided.